

Theatre of Spontaneity 2021



Open evenings of Psychodrama in Christchurch

**First Tuesday of every month.
6.30 to 9.00pm.**

Come and participate in an evening of Psychodrama conducted by experienced group practitioners. Psychodrama is an active and enlivening method which aims to increase spontaneity, strengthen relationships and build community. We explore what emerges in the group on the stage and sometimes the events have a theme. Social or community issues may be to the fore, sometimes the event is more about personal or professional development.

The name *Theatre of Spontaneity* has its origins in Vienna, early last century, when Jacob Moreno, the founder of psychodrama, conducted theatre in this style.

The event has been happening regularly since February 2013. Usually between 10 and 15 people come. The evenings are conducted by qualified psychodrama directors.

You are welcome, no experience necessary. Please arrive by 6.15pm.

Venue:

Quaker Meeting House, 217 Ferry Road, Christchurch.
Use the entrance on Nursery Road.

COVID: If we are at Level 2 or above in Christchurch we will have a Zoom event.

Fee:

Koha

Organised by the Canterbury/Westland branch of the
Australian and Aotearoa New Zealand Psychodrama Association.